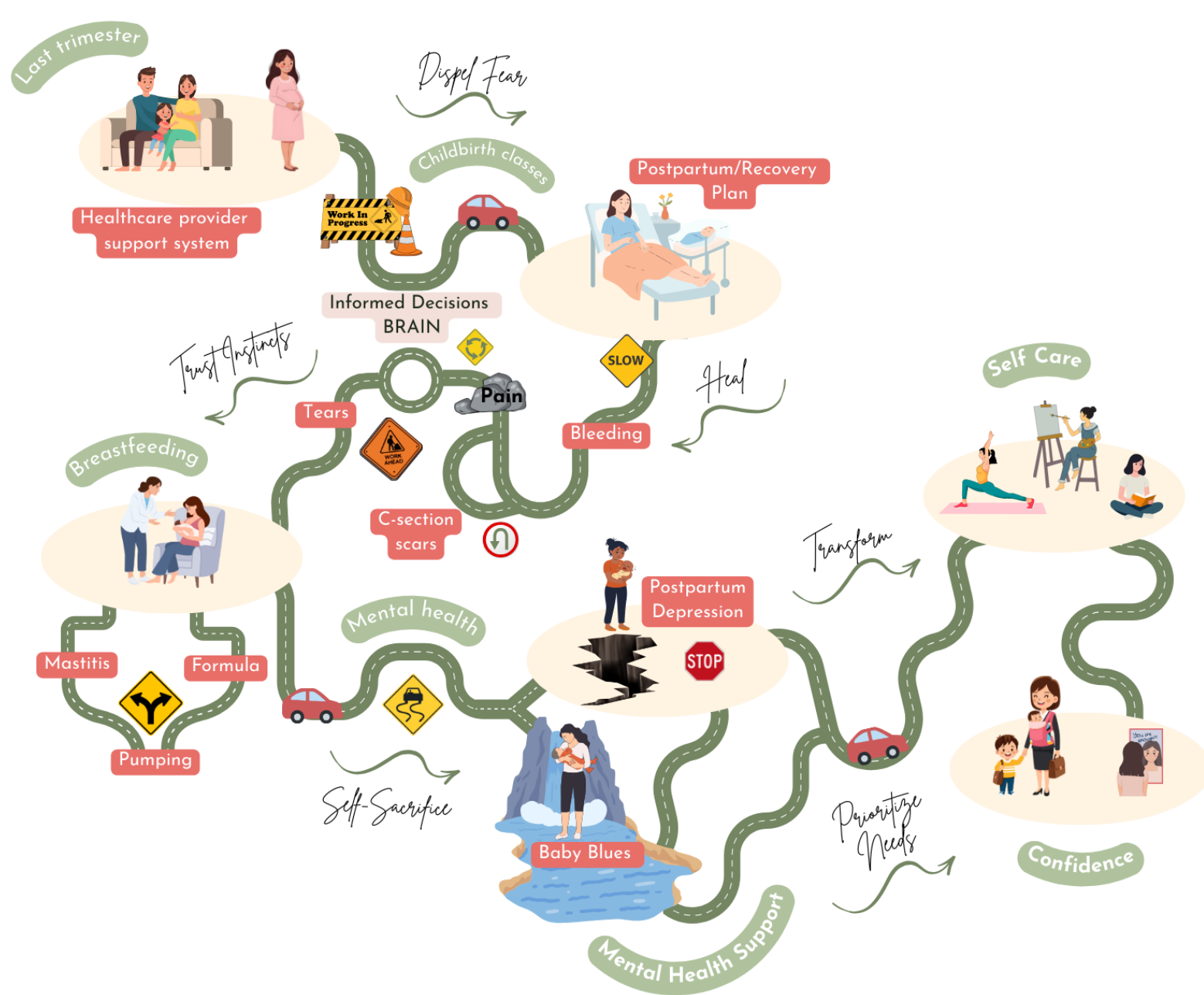


The Postpartum Journey.

The journey will be different for every mother. Some may experience c-section scars, while other struggle with breastfeeding. This roadmap offers a visual as to what you may expect at certain points along your postpartum journey. Always know that u-turns, loops and obstacles are merely opportunities to make informed choices. Eventually, you will move past a challenge and gain confidence in your innate abilities as a mom!



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Roadmap to Your Postpartum Journey